

# Pain Scale

Name \_\_\_\_\_

Date: \_\_\_\_\_

Please mark a vertical line on the scales below representing how severe your pain is.

(For example) (Absent) \_\_\_\_\_ | \_\_\_\_\_ (Severe)

Rate the pain you have right now:

(Absent) \_\_\_\_\_ (Severe)

Rate your pain at its best in the past week:

(Absent) \_\_\_\_\_ (Severe)

Rate your pain at its worst in the past week:

(Absent) \_\_\_\_\_ (Severe)

Rate your average pain in the last week:

(Absent) \_\_\_\_\_ (Severe)